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The top three colour palette combinations of 2020 blend Mother Nature's most superb earthy influences and marine elements to create a conscious mood of calm


There's no question that whites work wonders in a room - they make the most of the available natural light and can help a space feel larger than it is. But not all whites are created equal. "A 'true white', which has no colour tint to it, can sometimes feel a little cold and sterile," says Sydney interior designer Sarah Yarrow. "You might find an almost-white tone, which has either a warm or cool base, is more pleasing to the eye." Take tonal inspiration from late-summer grasses, smooth seashells and the palest eggshell blues. These colours are easy to live with, whether you use them on your walls, your bed or in artworks or furniture. "For walls in a south-facing room, it's best to select a white with warmer undertones to counteract the lower levels of natural light," says Sarah. "Choosing a cool white could make it feel icy and clinical. The reverse applies to a north-facing room."


